CARDIOVASCULAR CONSULTANTS MEDICAL GROUP

Consultative and Interventional Cardiology
Cardiac Electrophysiology
Peripheral Vascular Disease
A Partnership of Medical Corporations
www.healthyhearts.com

INSTRUCTIONS FOR CARDIAC CATHETERIZATION AND ANGIOGRAPHY

PATIENT: _____   AUTH# _____

PATIENT DATE OF BIRTH: _____   MED. REC. NO.: _____

You are scheduled to have a cardiac catheterization and angiography at _____
on _____. Your test is scheduled for _____. Please report to the admitting department **two hours** before the scheduled test time. Below are instructions for you to follow to better prepare yourself for the cardiac catheterization study.

A. BEFORE YOUR HOSPITAL ADMISSION:

Some patients may need laboratory work done before their hospitalization. This would be done on an outpatient basis. If so required we will instruct you as to where and when this should be done.

B. THE NIGHT BEFORE YOUR CARDIAC CATHETERIZATION:

1. You should not have anything to eat or drink after midnight. If your test is after 10:00am, a clear liquid "breakfast" is permitted before 7:00am.

2. Unless instructed otherwise take your prescribed medication as usual with small sips of water and bring your medications to the hospital with you.

C. HOSPITAL ADMISSION:

1. Dress simply and do not bring valuables or jewelry with you.

2. We anticipate a late afternoon discharge. You will need someone to drive you home. If the need arises you should be prepared to spend the night in the hospital.

3. Bring your insurance card, information and identification form with you to the hospital. Be sure that prior authorization is obtained, if your insurance requires it.

D. HAVING YOUR CARDIAC CATHETERIZATION:

You will be awake during the procedure. Your doctor may give you a sedative before the procedure to help you relax. Your doctor and hospital staff will explain things to you as the procedure progresses. We will be happy to provide you with a more detailed description of the procedure at your request.

Please feel free to call our office if you have any questions or if you are unable to keep this appointment.

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